

MYOCARDIAL DIETARY RESTRICTIONS FOR THALLIUM CARDIAC STRESS TESTS  
UPDATED: MARCH 2012

CPT CODE: N/A

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1. No caffeine or decaffeinated beverages, including teas, energy drinks, coffee and sodas with caffeine. Decaffeinated sodas are ok.
2. No chocolate
3. No smoking
4. You must have a light meal between parts 1 and 2 of the stress test. An example is a bowl of clear broth soup, piece of fruit and beverage (see point 1) or a small salad with a cup of soup and beverage (see point 1).

Out-patients are to return to Radiology Reception at G3/3 at \_\_\_\_\_.

In-patients will return to Nuclear Medicine at E1/3 at \_\_\_\_\_.

Please call 225-6094 with any questions. Within UWHC, please dial 9 first.

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