MYOCARDIAL DIETARY RESTRICTIONS FOR THALLIUM CARDIAC STRESS TESTS  
CPT CODE: N/A  
UPDATED: MAY 2016

1. No caffeine or decaffeinated beverages, including teas, energy drinks, coffee and sodas with caffeine.
2. No chocolate
3. No smoking
4. You may have a light meal between parts 1 and 2 of the stress test. An example is a bowl of clear broth soup, piece of fruit and beverage (see point 1) or a small salad with a cup of soup and beverage (see point 1).

Out-patients are to return to Radiology Reception at G3/3 at ________________.

In-patients will return to Nuclear Medicine at E1/3 at ____________________.

Please call 225-6094 with any questions. Within UWHC, please dial 9 first.

Reviewed By: S. Perlman, D. Fuerbringer

Scott B. Perlman, MD, MS  
Chief, Nuclear Medicine

Derek Fuerbringer, CNMT  
Manager, Nuclear Medicine

Mary Zasadil  
Chief, Nuclear Cardiology

Scott Knishka, RPh, BCNP  
Radiopharmacist